



UnitedHealthcare Federal Programs Newsletter

April 2026



As spring brings a season of renewal, UnitedHealthcare Federal Programs Team is here to support you and your well-being every step of the way. Our team is committed to providing helpful resources and guidance you can count on. In this April newsletter, you will find tools designed to support your health this season.



Resources



Visit our Website www.uhcfeds.com

With UnitedHealthcare, you've got a helping hand in health care. Here, you can explore plan options that are designed to help you access quality care, enjoy a healthier life and keep costs in check. Check out our website at www.uhcfeds.com to learn more about our 2026 plan offerings and resources we have available.

[Visit Here](#)



Dedicated Health Engagement Nurses

Have you heard of Nurse Amy or Nurse Rose? Our Health Engagement Nurses support medical members with personalized plans to improve physical activity, nutrition, chronic condition management, and disease prevention—helping you reach your health goals. Call the number on the back of your card and ask for them by name to get started.



April Wellness Sessions

Join our complimentary wellness sessions. Webinars such as Joint & Mobility, Cooking Recipes, Stretching, Mindfulness and much more! Can't join live? No worries! We record each webinar so you can go back and rewatch as many times as you would like to.

[Register Here](#)

Sales and Outreach Team



UnitedHealthcare Federal Programs [Sales and Outreach Team](#) is here to support you and your agency. Please click the chat icon below to reach out!

[Sales and Outreach Map](#)

[FEHB Contact Sheet](#)



April Trivia

What happened on April 15th 1912?

- A. The Treaty of Versailles was signed
- B. The first man walked on the moon
- C. Pearl Harbor
- D. The Titanic sunk

